

M.S.W. DEGREE EXAMINATION, NOVEMBER 2018
I Year II Semester
Core Elective
COUNSELLING THEORY AND PRACTICE

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. Define Counselling.
2. Mention any two principles of counselling.
3. What do you mean by rational emotive therapy?
4. What is Gestalt approach?
5. Define empathetic listening.
6. What are the skills in counselling?
7. Define work place counselling.
8. What is bereavement counselling?
9. Write on self esteem and assertiveness?
10. List out the tests used in counselling centers.
11. What is CBT reality?
12. Mention the steps in counselling.

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Write on the qualities of a counsellor.
14. Explain psychoanalysis.
15. Describe the skills of a counsellor.
16. Write on counselling parents of children with special needs.
17. Describe the ethical standards of counselling.
18. Throw light on characteristics of the clients.
19. Write on transactional analysis.

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Explain the need and importance of counselling and professional counselling.
21. Explore on the theoretical foundations of counselling
22. Write in detail on Counselling Process
23. Elaborate on school counselling with an example.
24. Critically analyse the relevance of counselling in Social Work practice

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