B.Sc. DEGREE EXAMINATION,NOVEMBER 2018 II Year III Semester Core Major - Paper V NUTRITION - I

Time : 3 Hours

Max.marks:75

Section A $(10 \times 2 = 20)$ Marks

Answer any **TEN** questions

- 1. Define malnutrition.
- 2. Write a note on Nutrients.
- 3. What is a kilocalory.
- 4. Write about the Physical activity level.
- 5. What are Polysaccharides?
- 6. What are probiotics and Prebiotics.
- 7. Give a note on EFA.
- 8. Comment on "Ketone bodies".
- 9. Define Marasmic Kwashiokar.
- 10. What about Chemical score.
- 11. What is meant by Reference women?
- 12. What are Non-essential Amino acids.

Section B $(5 \times 5 = 25)$ Marks

Answer any **FIVE** questions

- 13. Write a brief note on history of Nutrition with note about the development of Nutrition as a science.
- 14. Draw the diagram of Bomb calorimeter and label its parts.
- 15. Give a note on digestion and absorption of carbohydrates.
- 16. Classify lipids.
- 17. Differentiate Kwashiokar and Marasmus.
- 18. Write a note on Mutual supplementation of proteins.
- 19. Explain the Relationship between Respiratory Quotient and Specific Dynamic action of foods.

Section C $(3 \times 10 = 30)$ Marks

Answer any **THREE** questions

- 20. Elaborately explain the interrelationship between nutrition and health.
- 21. Write a detailed note on BMR and factors affecting it.
- 22. Describe the role of dietary fiber in human nutrition.
- 23. Explain the role of dietary lipids and its relation to the causation of atherosclerosis and Ischaemic heart disease.
- 24. How do you evaluate the quality of protein by PER, BV, NPU and NPR method?

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