

M.S.W. DEGREE EXAMINATION, APRIL 2019
I Year II Semester
COUNSELLING THEORY AND PRACTICE

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. Differentiate casework & counselling.
2. List out the agency for predominate concerns related to children.
3. Differentiate Empathy & Sympathy.
4. What is confidentiality?
5. Mention any two needs for professional counselling in present scenario.
6. Name any two health rehabilitation centres in Chennai.
7. What is Gestalt Theory?
8. Highlight the significant of Marital Counselling in present scenario.
9. What you mean by observation in counselling practice.
10. What is transference & counter transference in counselling?
11. What you mean by assertiveness in counselling.
12. Define mental health according to WHO.

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Discuss the basic principles of counselling.
14. Explain the characteristics and steps in eclectic counselling.
15. Describe the role and functions of a counsellor in an industrial setting.
16. Discuss the importance of application of test in counselling profession.
17. Write a short note on rational theory and transactional theory.
18. Write a short note on psychological problems faced by Kerala People during flood.
19. Explain the barriers to effective counselling.

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Explain the counselling process, steps, techniques & intervention in detail.
21. Discuss the different types of counselling and its uses in India.
22. Discuss the psycho-analytic, Adlerian & client-centered theories of counselling.
23. Critically evaluate the principles governing the counselling and essential qualities required for a counsellor.
24. Evaluative on your own experience about the social worker practicing counselling profession vs counselling psychology students.

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