

M.S.W. DEGREE EXAMINATION, APRIL 2019
I Year II Semester
Counselling Theory and Practice

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. Define Counselling.
2. List any two qualities of a Counsellor.
3. Expand CBT.
4. Differentiate Positive and Negative Reinforcements.
5. What are the objectives of Interview?
6. What do you mean by Therapeutic Alliance?
7. What is Bereavement Counselling?
8. What are the reasons for Suicide among Youth?
9. What do you mean by Ethics?
10. What is Self Esteem?
11. What is Transference?
12. What is Mental Health?

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Write about Voluntary and involuntary Clients.
14. Explain in brief Transactional Analysis.
15. Write about Empathy and Listening Skills of Counsellor.
16. Write short notes on Work Place Counselling.
17. Write about the ethical standards in Counselling.
18. Why do you think Counselling is important?
19. Explain Counselling in a Deaddiction center.

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Explain in detail the application of Principles of Counselling.
21. Elaborate on the Psychoanalytic theory of Sigmund Freud.
22. Explain with examples the process involved in Counselling individuals with problems.
23. Write about the problems of families in Modern India and Explain Family Counselling.
24. Explain in detail the relevance of Counselling in Social Work Practice.

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