

M.Sc. DEGREE EXAMINATION, NOVEMBER 2019
I Year I Semester
Nutrition through Developmental Stages

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. Define Balanced menu
2. Write about recommended allowances for Indian women aged 20 yrs.
3. Mention the weight gain during pregnancy
4. Define Lactation
5. Mention the rate of growth during infancy
6. Define Weaning
7. List the physiological development occur during adolescence
8. Define Obesity
9. Define Geriatrics
10. Highlight on the theories of aging
11. List the Methods of feeding the premature infant
12. Define Anemia

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Write the principles in planning of Balanced menu.
14. Explain the complications of pregnancy.
15. Differentiate Breastfeeding versus formula feeding
16. Write the importance of school lunch programmes
17. Write about nutrition and work efficiency in adults.
18. Describe the nutritional requirements for high altitude.
19. Explain the socio-economic and psychological changes in geriatrics

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Elaborate the nutritional requirements for space missions and sea voyage and army.
21. Explain the physiological adjustments in Lactation and its relation to growth and health of infants
22. Write about the food habits and nutrient intake of preschool children
23. Elaborate any two nutritional concerns of adolescents
24. Write about the physiologic changes and nutrition concerns for old age

M.Sc. DEGREE EXAMINATION, NOVEMBER 2019
I Year I Semester
Nutrition through Developmental Stages

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. Define Balanced menu
2. Write about recommended allowances for Indian women aged 20 yrs.
3. Mention the weight gain during pregnancy
4. Define Lactation
5. Mention the rate of growth during infancy
6. Define Weaning
7. List the physiological development occur during adolescence
8. Define Obesity
9. Define Geriatrics
10. Highlight on the theories of aging
11. List the Methods of feeding the premature infant
12. Define Anemia

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Write the principles in planning of Balanced menu.
14. Explain the complications of pregnancy.
15. Differentiate Breastfeeding versus formula feeding
16. Write the importance of school lunch programmes
17. Write about nutrition and work efficiency in adults.
18. Describe the nutritional requirements for high altitude.
19. Explain the socio-economic and psychological changes in geriatrics

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Elaborate the nutritional requirements for space missions and sea voyage and army.
21. Explain the physiological adjustments in Lactation and its relation to growth and health of infants
22. Write about the food habits and nutrient intake of preschool children
23. Elaborate any two nutritional concerns of adolescents
24. Write about the physiologic changes and nutrition concerns for old age