

MSW. DEGREE EXAMINATION, APRIL 2020
I Year II Semester
Counselling Theory and Practice

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. Define 'Counselling'.
2. What is meant by 'rapport building'?
3. Differentiate 'Counselling' and 'Psychoanalysis'.
4. What is CBT?
5. Define 'Empathy'.
6. What is meant by 'Therapeutic alliance'?
7. Mention the relevance of counselling in school settings.
8. Do Industries need a counsellor? Justify.
9. What is your understanding on 'Depression'?
10. Give the meaning of 'Mental health'.
11. Define 'Personality'.
12. What is meant by transactional analysis?

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Illustrate the qualities required for a counsellor with suitable examples.
14. Explain the significance of Gestalt approach in Counseling.
15. Explain the techniques used in the counselling process.
16. Describe the skills required for an effective counsellor.
17. Write a short note on Carl Roger's Client centered therapy.
18. Describe the ethical standards to be followed in counselling practice.
19. What are the challenges in Counselling parents of children with special needs?

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Describe the need and importance of professional counselling in India.
21. Explain the theoretical foundations in counselling.
22. Elaborate on the various Interventions used in Counselling practice.
23. Differentiate between Trauma Counselling and Bereavement counselling.
24. Describe the applicability of counselling in Social Work practice with suitable examples.

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