18PNDCT4010

M.Sc. DEGREE EXAMINATION, APRIL 2020 II Year IV Semester Advanced Human Nutrition- Micro nutrients

Time : 3 Hours

Max.marks:75

Section A $(10 \times 2 = 20)$ Marks

Answer any **TEN** questions

- 1. What is Tetany?
- 2. Name potassium rich sources.
- 3. Write the function of manganese.
- 4. Mention the importance of boron and chromium.
- 5. State the Function of vitamin k.
- 6. What is tocophere Give its sources.
- 7. What are three D's of niacin deficiency.
- 8. List any two Coenzymes of B vitamin.
- 9. What is an antioxidant? Name few antioxidants.
- 10. Difference between Pre and Pro biotics.
- 11. Define -Xenobiotics.
- 12. What is Flurosis?

Section B $(5 \times 5 = 25)$ Marks

Answer any **FIVE** questions

- 13. Describe the importance of sodium and chloride.
- 14. Explain the relationship between selenium and vitamin E.
- 15. Write short notes on a) Biotin b) Cyanocobalamin.
- 16. Enumerate the Functions, daily requirement, sources and deficiency of vitamin D.
- 17. Discuss briefly about Immunodeficient.
- 18. Discuss the Functions and effects of deficiency of Vitamin C.
- 19. What happens due to deficiency of iodine. How IDD can be prevented and controlled?

Section C $(3 \times 10 = 30)$ Marks

Answer any **THREE** questions

- 20. Explain in detail about the functions, deficiency disease, requirement, prevention and treatment of vitamin A.
- 21. Write the importance, daily requirements, sources and deficiency symptoms of Calcium.
- 22. Recent concepts with reference to ultra-trace minerals Discuss
- 23. Enumerate the importance ,sources,deficiency disease and requirements of a) Folic acid b) Pyridoxine.
- 24. Describe elaborately about the importance of functional foods.

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