

B.Sc. DEGREE EXAMINATION, APRIL 2020
II Year III Semester
Family Meal Management

Time : 3 Hours

Max.marks :75

Section A ($10 \times 2 = 20$) Marks

Answer any **TEN** questions

1. What is Calories?
2. Define SDA
3. What is Toxemia?
4. What is meant by hemorrhagic anaemia?
5. Write short note on "beikost"
6. List any four supplementary foods for infants
7. List the importance of snacks
8. List the programmes in promoting the welfare of school children
9. Give the RDA of energy, protein and fat of an adult moderate woman
10. Mention any two advantages of having breakfast
11. What is meant by anorexia nervosa?
12. What are the hormones involved in lactation

Section B ($5 \times 5 = 25$) Marks

Answer any **FIVE** questions

13. Write in detail of balance diet for an adult man and adult women
14. Explain the role of diet during normal life cycle
15. List the feeding problems of preterm babies
16. Enumerate the factors to be considered in packed lunch
17. What are the complications commonly occurring in late childhood
18. Write the nutrition related problems in geriatric
19. Bring out the eating disorder of an adolescent

Section C ($3 \times 10 = 30$) Marks

Answer any **THREE** questions

20. Justify the statement “anaemia is common during pregnancy”
21. Explain the role of nutrition during pregnancy
22. Explain the factors influencing quality and quantity of breast milk
23. Give the RDA for an adult woman doing sedentary work and plan a day's diet and explain the nutritional importance of the planned diet
24. Write in detail of nutrition from infancy to adolescence