# B.Sc. DEGREE EXAMINATION, APRIL 2020 III Year V Semester Nutrition - II

Time : 3 Hours

Max.marks:75

Section A  $(10 \times 2 = 20)$  Marks

### Answer any **TEN** questions

- 1. Give the units of vitamin A.
- 2. List two functions of vitamin E.
- 3. Write the importance of pantothenic acid to the body
- 4. Name four food sources of niacin
- 5. Give the distribution of sodium and chloride in the body.
- 6. What is Wilson's disease?
- 7. Name the food sources of molybdenum.
- 8. Give the functions of Selenium.
- 9. Write about the composition of body fluids.
- 10. What is meant by water intoxication?
- 11. How is water distributed in the body?
- 12. List the functions of zinc.

**Section B**  $(5 \times 5 = 25)$  Marks

### Answer any **FIVE** questions

- 13. Explain the clinical symptoms of vitamin A.
- 14. Enumerate on the effects of deficiency of riboflavin.
- 15. Give the importance of phosphorous to the body.
- 16. Explain the sources and effects of deficiency of fluorine in the body.
- 17. Bring out the relationship between glucose and chromium.
- 18. What is Wernicke's syndrome? Differentiate between Wet Beriberi and Dry Beriberi.
- 19. What is water balance? How is it maintained by the body?

## Section C $(3 \times 10 = 30)$ Marks

## Answer any **THREE** questions

- 20. a) Enumerate on the role of vitamin K in blood clotting.b) Explain deficiency of vitamin D in children and adults.
- 21. Describe the functions and deficiency symptoms of vitamin C.
- 22. a) Write any five functions of calcium.b) Explain the effect of deficiency of iron in the body.
- 23. Discuss on food sources, functions and effect of deficiency of lodine.
- 24. Explain the role of hormones in maintaining water and electrolyte balance.

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