B.Sc. DEGREE EXAMINATION, APRIL 2020 I Year I Semester Food Science

Time : 3 Hours

Max.marks:75

Section A $(10 \times 2 = 20)$ Marks

Answer any **TEN** questions

- 1. What is Calories?
- 2. Define SDA
- 3. What is Toxemia?
- 4. What is meant by hemorrhagic anemia?
- 5. Write short note on "beikost"
- 6. List any four supplementary foods for infants
- 7. List the importance of snacks
- 8. List the programmes in promoting the welfare of school children
- 9. Give the RDA of energy, protein and fat of an adult moderate woman
- 10. Mention any two advantages of having breakfast
- 11. What is meant by anorexia nervosa?
- 12. What are the harmone involved in lactation?

Section B $(5 \times 5 = 25)$ Marks

Answer any **FIVE** questions

- 13. Write in detail of balance diet for an adult man and adult women
- 14. Explain the role of diet during normal life cycle
- 15. List the feeding problems of preterm babies
- 16. Enumerate the factors to be considered in packed lunch
- 17. What are the complications commonly occurring in late childhood
- 18. Write the nutrition related problems in geriatric
- 19. Write in detail about the eating disorder among the adolescent

Section C $(3 \times 10 = 30)$ Marks

Answer any **THREE** questions

- 20. Justify the statement "anemia is common during pregnancy"
- 21. Explain the role of nutrition during pregnancy
- 22. Explain the factors influencing quality and quantity of breast milk
- 23. Give the RDA for an adult woman doing sedentary work and plan a day's diet and explain the nutritional importance of the planned diet
- 24. Write in detail of nutrition from infancy to adolescence

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