

B.Sc. DEGREE EXAMINATION, ODD SEMESTER 2020
II Year III Semester
Nutrition through Life cycle

Max.marks :25

Answer any **FIVE** questions ($5 \times 5 = 25$) Marks

1. Write a brief note on the nutritional requirements of adult men and women.
2. Explain the physiological changes associated with pregnancy.
3. Enumerate the various nutrition related problems observed among toddlers.
4. Briefly explain the objective and significance of mid-day meal programme.
5. Give the role of community and clinical dietitian in alleviating deficiencies and diseases.
6. Enlist the various dietary guidelines to be followed during lactation.
7. Describe any two supplementary feeds that can be given to infants of 8 months old and give their significance.