

B.Sc. DEGREE EXAMINATION, ODD SEMESTER 2020
II Year III Semester
Nutrition - I

Max.marks :25

Answer any **FIVE** questions ($5 \times 5 = 25$) Marks

1. Explain the functions of food.
2. Give the difference between physiological fuel value and gross fuel value.
3. Explain any two methods of measuring total energy requirement.
4. Write a note on glycemic index and glycemic load of foods.
5. Give the classification of lipids.
6. Explain the role of cholesterol in the body.
7. Elaborate on methods of measuring protein quality.