

B.Sc. DEGREE EXAMINATION, ODD SEMESTER 2020
II Year III Semester
Nutrition Through Life cycle

Max.marks :25

Answer any **FIVE** questions ($5 \times 5 = 25$) Marks

1. Enumerate the Principles of meal planning.
2. Describe any 3 complications associated with pregnancy.
3. Write a brief note on PEM.
4. Briefly explain the nutritional requirements of 10-12 year old boy.
5. Mention and explain any 3 nutritional problems prevailing among elderly.
6. Explain the advantages of breast feeding for the mother and child.
7. Give an account on various eating disorders commonly found among adolescents.