

B.Sc. DEGREE EXAMINATION, ODD SEMESTER 2020
II Year III Semester
Family Meal Management

Max.marks :25

Answer any **FIVE** questions ($5 \times 5 = 25$) Marks

1. Describe the basic principles of meal planning.
2. Explain the nutritional requirements of a pregnant woman?
3. Explain the advantages of breastfeeding over bottle feeding.
4. Explain the complementary food schedule.
5. What are the nutritional problems faced by an adolescent?
6. Explain the physiological changes that occur during aging.
7. Comment on communicable and non-communicable diseases.