

**B.Sc. DEGREE EXAMINATION, ODD SEMESTER 2020**  
**II Year III Semester**  
**Nutrition - I**

**Max.marks :25**

Answer any **FIVE** questions ( $5 \times 5 = 25$ ) Marks

1. Describe the Classification and functions of food.
2. Define Energy. Discuss about the energy requirement for adult man, adult woman, pregnant woman and lactating mother
3. Write short notes on Dietary fibre.
4. What is cholesterol? What happens due to excess intake of cholesterol?
5. Briefly explain the functions of proteins.
6. How BMR can be determined using Benedict's apparatus?
7. Enumerate few methods to evaluate the quality of proteins