

B.Sc. DEGREE EXAMINATION, EVEN SEMESTER 2021
II Year III Semester
Nutrition through Life cycle

Max.marks :25

Answer any **FIVE** questions (5 × 5 = 25) Marks

1. Define balanced diet and give the principles of meal planning.
2. Describe the complication of pregnancy and its preventive measures.
3. Explain the reason for increased nutrient requirement in lactation.
4. Discuss on the eating disorders among adolescence.
5. Elaborate on the nutritional problems of the aged.
6. "Breast milk is the best food for the baby", Justify.
7. Indicate the role and responsibilities of Dietician.