

B.Sc. DEGREE EXAMINATION, EVEN SEMESTER 2021
II Year III Semester
Nutrition Through Life Cycle

Max.marks :25

Answer any **FIVE** questions ($5 \times 5 = 25$) Marks

1. Enumerate the steps involved in planning a diet and explain.
2. Illustrate the physiology of lactation and the nutritional requirements for a lactating mother.
3. Explain the advantages of breast feeding and artificial feeding.
4. Justify the significance of packed lunch and discuss the nutritional requirement of school going children.
5. Enumerate the factors affecting the nutritional requirements and the food intake of old age.
6. Discuss the nutritional requirements and the complications during pregnancy.
7. Explain the various problems in feeding pattern and food acceptance in preschoolers.