

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.

M.A. END SEMESTER EXAMINATION APRIL/NOV - 2021

SEMESTER - III

20PHRCT3012 - Counselling Skills for Managers

Total Duration : 3 Hrs		Total Marks : 75
MCQ	: 30 Mins	MCQ : 15
Descriptive	: 2 Hrs.30 Mins	Descriptive : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. What are the different types of counselling?
2. Identify the need for a Counselling service.
3. Illustrate some of the advanced skills needed for Counselling.
4. Describe the various approaches of counselling.
5. Sketch some of the attitudes needed for Counselling.
6. Determine the various steps involved in Counselling.
7. What do you mean by role conflicts in counselling?
8. Interpret the term, "Resistance to Change" in terms of counselling.

Section C

Part A

Answer any **TWO** questions ($2 \times 10 = 20$ Marks)

9. Ascertain the difference between empathy and sympathy and also describe the significance of empathy in counselling process.
10. Describe the process involved in Counselling.
11. What is the difference between Counselling and psychotherapy?
12. Illustrate the spiritual dimension involved in counselling.

Part B

Compulsory question ($1 \times 10 = 10$ Marks)

13. Explain the emergence and growth of counselling service.