SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS) (Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai — 600 044. M.A. END SEMESTER EXAMINATIONS APRIL - 2022 SEMESTER - III 17PHRCE3001 - Counselling Skills for Managers

Total Duration : 3 Hrs.

Total Marks : 60

Section A

Answer any **SIX** questions $(6 \times 5 = 30 \text{ Marks})$

- 1. Define counselling. Describe any one approach and with an example.
- 2. Explain empathy and sympathy and distinguish both with example.
- 3. What do you mean by counselling relationship explain the concept of rapport building in an organization setting?
- 4. What are the Do's and Dont's of counselling?
- 5. Explain the role of counsellor how can they play an effective role in their clients life.
- 6. What is family counselling & explain its impact post covid?
- 7. Describe the skills of counsellor.
- 8. If a person is not performing well even if he/she has the potential. How will you motivate him/her?

Section B

Part A

Answer any **TWO** questions $(2 \times 10 = 20 \text{ Marks})$

- 9. Differentiate between psychodynamic, humanistic and behavioural techniques.
- 10. Illustrate the role of a counsellor in an organization with examples.
- 11. Describe the process of counselling from beginning to end.
- 12. How to asses clients problems & explain it with example?

Part B

Compulsory question $(1 \times 10 = 10 \text{ Marks})$

13. Critically evaluate the emergence and growth of counselling services.
