## SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to the University of Madras and Re-ccredited with 'A+' Grade by NAAC) Chromepet, Chennai — 600 044.

## B.Sc. END SEMESTER EXAMINATION APRIL/NOV - 2021 SEMESTER - V

13UNDCT5009 & UND/CT/5009 - Nutrition - II

Total Duration: 3 HrsTotal Marks: 75MCQ: 30 MinsMCQ: 15Descriptive: 2 Hrs.30 MinsDescriptive: 60

## Section B

Answer any **SIX** questions  $(6 \times 5 = 30 \text{ Marks})$ 

- 1. Describe the food sources of calcium and phosphorus.
- 2. Discuss the importance of folic acid.
- 3. Explain the functions and deficiency of vitamin B12.
- 4. Interpret the deficiency of vitamin K.
- 5. Explain the chromium and glucose tolerance factor.
- 6. Relate the importance of ultratrace minerals.
- 7. Explain the water and electrolyte mechanism.
- 8. Describe the functions of iron, fluoride and copper.

## Section C

Answer any **THREE** questions  $(3 \times 10 = 30 \text{ Marks})$ 

- 9. Explain the functions, effects of deficiency and food sources of iodine and cobalt.
- 10. Determine the composition of body fluids, water exchange and water imbalance.
- 11. Describe the functions, effects of deficiency, food sources and requirements of vitamin A and D.
- 12. Assess the requirements of B complex vitamins for different age groups.
- 13. Distinguish between the macro and micro minerals.