

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.

B.Sc. END SEMESTER EXAMINATION APRIL/NOV - 2021

SEMESTER - III

20UNDCT3004 - Nutrition through life cycle

Total Duration : 3 Hrs		Total Marks : 75
MCQ	: 30 Mins	MCQ : 15
Descriptive	: 2 Hrs.30 Mins	Descriptive : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Write a note on food guide pyramid.
2. Discuss the nutritional requirements for lactating mother.
3. Discuss the advantages of breast feeding.
4. Write a note on nutritional problems in adolescence.
5. Write the factors that affect food intake in oldage.
6. Discuss the ICMR classification of food groups.
7. Give short notes on low cost supplementary foods.
8. Explain briefly on the nutritional requirements for school children.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Define Reference man and Reference woman. Write the recommended allowances for adult sedentary man and woman.
10. Explain in detail the physiological changes during pregnancy.
11. Elaborate on PEM.
12. Discuss in detail the nutritional requirement and complications in old age.
13. Explain the growth, development and nutritional requirement for adolescents.