

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.

B.Sc. END SEMESTER EXAMINATION APRIL/NOV - 2021

SEMESTER - VI

17UNDCE6A02 & UND/CE/6A02 - HEALTH PSYCHOLOGY

Total Duration : 3 Hrs	Total Marks : 75
MCQ : 30 Mins	MCQ : 15
Descriptive : 2 Hrs.30 Mins	Descriptive : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Define health and explain the perspectives in health psychology?
2. What are the factors affecting the ability to cope stress management?
3. Explain the childhood obesity in health psychology.
4. Write short notes on a. Eating disorders b. Alcoholism c. Tobacco abuse
5. Describe the Nutrition Intervention strategy for AIDS.
6. Describe the family counselling in health psychology?
7. What is the relaxation techniques used in intervention strategies?
8. Describe the physiological factors in cardio vascular disease?

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Describe the basic concepts of human behaviour and health psychology.
10. Elaborate the measurement and physiology of steps in health?
11. Explain the childhood adolescence health psychology through life span?
12. Enumerate the health psychology and diabetes in Nutrition?
13. Describe the cognitive and behavioural skills in the management of disease.

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