SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai — 600 044.

B.Sc. END SEMESTER EXAMINATION APRIL/NOV - 2021

SEMESTER - V

20UFMCT5009 - Nutrition -II

Total Duration : 3 Hrs		Total Marks : 75
MCQ	: 30 Mins	MCQ : 15
Descriptive	: 2 Hrs.30 Mins	Descriptive : 60

Section B

Answer any **SIX** questions $(6 \times 5 = 30 \text{ Marks})$

- 1. What are the functions of Vitamin E and Vitamin K?
- 2. What are the food sources and requirements of fat soluble vitamins?
- 3. Briefly explain deficiency of pyridoxine.
- 4. What is the role of ascorbic acid in human body?
- 5. How are calcium and phosphorus involved in bone formation?
- 6. Write short notes on selenium and Vitamin E relationship.
- 7. What are the clinical features of iodine deficiency with symptoms and grades?
- 8. What are the functions of water?

Section C

Answer any **THREE** questions $(3 \times 10 = 30 \text{ Marks})$

- 9. Explain the role of hormones in maintain water balance. Define dehydration with types.
- 10. Explain the effect of deficiency of calcium, iron and zinc.
- 11. What are the clinical features of thiamine, Riboflavin and Niacin?
- 12. Explain the role of Vitamin A and the clinical features of vitamin A deficiency.
- 13. Discuss the food sources and RDA of B complex vitamins.