

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.

B.Sc. END SEMESTER EXAMINATION APRIL/NOV - 2021

SEMESTER - V

19UPCET5001 - Health Psychology

Total Duration : 3 Hrs		Total Marks : 75
MCQ	: 30 Mins	MCQ : 15
Descriptive	: 2 Hrs.30 Mins	Descriptive : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Compute the need for health psychology.
2. Interpret the factors influencing the practice of health behaviour.
3. Describe the appropriate venue for health habit modification.
4. Prepare a health behaviour chart portraying the curing mechanism for cancer.
5. Explain the health compromising behaviours.
6. Elucidate the training for career in health psychology.
7. Illustrate the barriers to effective health promotion.
8. Interpret the health compromising behaviours with illustration.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Evaluate the models in health psychology.
10. Predict the health promotion and the practice of health behaviour.
11. Examine the cognitive behavioural approaches to health behaviour change.
12. Determine the health enhancing behaviour and its determinants.
13. Classify the intervention and preventive methods to reduce smoking and alcoholism.