

**SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)**

**(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)  
Chromepet, Chennai — 600 044.**

**B.Sc. END SEMESTER EXAMINATIONS APRIL-2022**

**SEMESTER - VI**

**20UFMET6003 - Diet Counselling and Patient Care with Internship**

**Total Duration : 3 Hrs.**

**Total Marks : 60**

**Section A**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Explain the client centered counseling.
2. Prepare the steps involved in counselling to an adolescent.
3. Explain the counsellor limits in counselling.
4. State the ethical Codes and guidelines for a counsellor.
5. Interpret the role of diet counselling in hospital.
6. Apply and explain the counsellor emotional involvement in counselling.
7. Describe the rights of clients in counselling.
8. Explain diet counselling for an obese individual.

**Section B**

Answer any **THREE** questions ( $3 \times 10 = 30$  Marks)

9. Interpret the directive and non-directive counselling.
10. Describe the types of interview.
11. Justify the counsellor as a role model.
12. Justify the counsellor's ethical and legal responsibilities.
13. Recommend the importance of diet counselling for CVD.

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