SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai — 600 044.

B.Sc. END SEMESTER EXAMINATIONS APRIL-2022

SEMESTER - IV

21UFMCT4006 - Medical Nutrition Therapy - II

Total Duration : 3 Hrs.

Total Marks : 60

Section A

Answer any **SIX** questions $(6 \times 5 = 30 \text{ Marks})$

- 1. Describe the principles of planning a diet.
- 2. Differentiate between nephritis and nephrosis.
- 3. Bring out the relationship between alcohol and cirrhosis of liver. Give the Dietary Management of Cirrhosis of liver .
- 4. Explain the causes and treatment of diarrhoea.
- 5. How do you prevent constipation? Plan a day's menu for a sixty year old man suffering with constipation .
- 6. Write a short note on
 - a) Lactose Intolerance
 - b) Tropical sprue
- 7. Explain why sodium is restricted in hypertension and give the dietary management of hypertension.
- 8. What is hypercholesterolemia? Discuss the causes and treatment .

Section B

Answer any **THREE** questions $(3 \times 10 = 30 \text{ Marks})$

9. a) Enlist the aims and objectives of IDA.

b) Write the roles and responsibilities of Dietician in the hospital and community.

- 10. What are Acid ash diets? In which conditions would you suggest these? List foods to be included and excluded.
- 11. a) Write a note on Cholecystitis .
 - b) Plan a day's diet for a patient with infective hepatitis.
- 12. Discuss peptic ulcer in terms of
 - a) Causes
 - b) Nutritional management
- 13. Elaborate on dietary management atherosclerosis. Plan a day's diet for a 52 years old women who had heart attack three months ago.
