

**SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)**

**(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.**

B.Sc. END SEMESTER EXAMINATIONS APRIL-2022

SEMESTER - I

21UPCAT1001 - Introduction to Indian Psychology

Total Duration : 3 Hrs.

Total Marks : 60

Section A

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Explain the fundamental assumptions of Indian Psychology.
2. Classify the qualities of the three gunas of prakriti and relate how it contributes to an individual's life.
3. Describe and critically analyze the nature of consciousness and extrasensory perception with respect to Jainism.
4. Illustrate Gita-based approaches to Organizational behaviour with a suitable example.
5. Sketch the concept of personality in connection with the six schools of Indian Philosophy.
6. Define Raja Yoga and list the components of the Eight-fold path of Raja Yoga.
7. Show the integration of man through the Sufism school of thought.
8. Ascertain the application of Hatha yoga in therapeutic settings.

Section B

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Relate Indian Psychology with Western Psychology concepts.
10. Examine concepts of states of consciousness and functions of mind through Upanishads, Nyaya, Vaisheshika, Mimamsa, Vedanta, and Samkhya.
11. Apply modern psychology and Indian thought to "Ego and ahakāra : Self and identity".
12. Appraise and criticize the models of personality in Buddhist psychology.
13. "Integral education: An application of Indian psychology" - Deduce.
