

**SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)**

**(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)  
Chromepet, Chennai — 600 044.**

**B.Sc.END SEMESTER EXAMINATIONS APRIL - 2022**

**SEMESTER - VI**

**19UPCET6002 - Counselling and Guidance**

**Total Duration : 3 Hrs.**

**Total Marks : 60**

**Section A**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. What is Counselling? Identify a few situations when people seek counselling.
2. Apply a suitable counselling approach to deal with Ms I, an adolescent undergoing depression and having suicidal ideation in recent times.
3. Describe the termination stage of the Counselling Process.
4. Cite the Theories of vocational development.
5. Sketch the applications of Life Skills Training.
6. Prepare a list of dos and don'ts in a Counselling Process.
7. Illustrate the Goals of counseling.
8. Assess - "Counselling and the Minnesota point of view".

**Section B**

Answer any **THREE** questions ( $3 \times 10 = 30$  Marks)

9. Explain the characteristics of an effective counsellor and discuss the ethical issues in counselling.
10. Ascertain Humanistic and Behaviouristic approaches to counselling.
11. Examine stage 2 of the Counselling Process.
12. Predict the scope and need for Educational and Vocational Guidance in schools with regard to current changes and future development.
13. a) "Counselling the differently abled and their care givers" - Deduce.  
b) "Counselling people who abuse Tobacco and alcohol" - Deduce.

\*\*\*\*\*