

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.

M.Sc. END SEMESTER EXAMINATIONS NOVEMBER - 2022

SEMESTER - I

22PCPCT1001 - Counselling Process, Skills and Techniques

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section A

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Delineate the process and outcome goals in counselling.
2. Outline the characteristics of an effective counsellor
3. Describe the significance of Brief counselling.
4. Understand the importance of Emotional catharsis.
5. Mention the advantages of advanced empathy.
6. Explicate the uses of questioning in counselling.
7. Differentiate between resistance and reluctance.
8. Explain the need for understanding client's hesitance.

Section B

Part A

Answer any **TWO** questions ($2 \times 10 = 20$ Marks)

9. Elaborate the principles of psychoanalytic counselling.
10. Elucidate on Core conditions of counselling.
11. Enunciate the continuum of leads.
12. Explain the ways of working with client's reluctance.

Part B

Compulsory question ($1 \times 10 = 10$ Marks)

13. Elaborate on the Micro skills of counselling with suitable examples.
