

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai — 600 044.

M.Sc.(Coun.Psy) END SEMESTER EXAMINATIONS APRIL - 2023

SEMESTER - I

22PCPCT1001 - Counselling Process, Skills and Techniques

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Sketch out the characteristics of counsellors.
2. Describe counselling process according to behaviourist model with example.
3. Apply and show the key terms—Confrontation and Advanced empathy with the help of an example.
4. Show how “questions” are used in counselling.
5. Discuss the reasons of “reluctance” in a client.
6. Apply and indicate the principle of Outcome and process goals in counselling.
7. Explain the need for crisis counselling.
8. Distinguish between the important features of Patterson and Egans model.

Section C

I - Answer any **TWO** questions ($2 \times 10 = 20$ Marks)

9. Explain the ethical principles to be followed during counselling.
10. Prepare a detailed account of why counsellors should work with unmotivated or oppositional clients.
11. Ascertain the ways to “structure” in later stages of counselling.
12. Critically examine person-centered counselling.

II - Compulsory question ($1 \times 10 = 10$ Marks)

13. Examine the three stages of counselling in detail.
