

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)  
Chromepet, Chennai — 600 044.

M.Sc.(Coun.Psy) END SEMESTER EXAMINATIONS APRIL - 2023  
SEMESTER - II

**22PCPCT2004 - Counselling Theories and Practices**

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

**Section B**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Explain the ethical practices in the psychology profession.
2. Describe the therapeutic process of person-centered therapy.
3. Predict the effectiveness of third-wave behavioural therapy.
4. Illustrate a case for which SFBT can be relevant and beneficial.
5. What is Jung's theory of personality?
6. Compute an overview of Gestalt therapy.
7. Relate social modeling and observational learning.
8. Enumerate the applications of neurolinguistic programming.

**Section C**

I - Answer any **TWO** questions ( $2 \times 10 = 20$  Marks)

9. Interpret the personal and professional requirements to pursue a career in psychology in the current 21<sup>st</sup> century.
10. Compute a table to compare psychoanalytic and psychodynamic theories.
11. Organize the therapeutic process of reality therapy.
12. Contrast Ellis' and Beck's approaches to psychotherapy.

II - Compulsory question ( $1 \times 10 = 10$  Marks)

13. Elaborate the recent brain-based therapies.

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