

**SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)**

**(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.**

B.Sc. END SEMESTER EXAMINATIONS NOVEMBER-2022

SEMESTER - VI

20UFMET6003 - Diet Counselling and Patient Care With Internship

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section A

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Describe cognitive behavioural theory.
2. Illustrate the Counselling Techniques adopted for special children.
3. Relate the role of counsellor in maintaining effective client counsellor relationship.
4. Describe the importance of dual relationships in counselling process.
5. List out the diet counselling guidelines for mother and child care.
6. Prepare the diet counselling sheet for an obese patient.
7. Illustrate the practical limitations for a counsellor in giving diet counselling.
8. Differentiate Questioning and interviewing.

Section B

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Explain different types of Counselling.
10. Compute the counselling interview skills and prepare a short interview schedule for counselling.
11. "Counsellor As a Role Model" – Justify the statement.
12. Analyse the counsellors ethics and legal responsibilities.
13. Organize a Health camp at community level to impart diet counselling for Diabetics.

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