

**SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)**

**(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.**

B.Sc. END SEMESTER EXAMINATIONS NOVEMBER-2022

SEMESTER - III

21UFMCT3004 - Nutrition Through Life Cycle

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section A

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Illustrate Food Guide Pyramid and Explain.
2. Interpret the Factors affecting RDA for Indians.
3. Relate the Stages of Pregnancy and Nutritional Requirements.
4. Prepare a Menu Suitable for Lactating Mothers with choice of Lactogogues.
5. Explain the foods in a low cost supplementary foods for preterm babies and Justify.
6. Predict the importance of Healthy Snacks.
7. Classify the types of Nutritional Anaemia and good eating practices in prevention of the same.
8. Infer the Factors affecting nutrient requirements and food intake for Elderly People.

Section B

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Interpret the Concept of Dietary Reference Intakes with RDA to the Food Plate.
10. Predict the food and Nutritional requirements for a pregnant women with sedentary Activity.
11. Justify the Growth, Nutritional needs and problems in feeding patterns and food Acceptance in Pre School Children.
12. Relate Growth and development with food choices of Adolescents.
13. Recommend the Food Choices for the Nutrition Disorders in the Aged.

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