

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai — 600 044.

B.Sc.(CND) - END SEMESTER EXAMINATIONS APRIL-2023

SEMESTER - VI

20UNDET6003 - Diet Counselling Techniques and Practice

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Describe patient profile.
2. Enumerate the Role and responsibilities of Dietician.
3. Analyze the factors affecting individual food choice.
4. Describe different counselling approaches.
5. Indicate the use of computers for dietary computations.
6. Discuss the skills and attributes of Nutrition education counsellor.
7. Classify dietician.
8. Explain the guidelines for preparing computer based teaching materials for Diabetes.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Explain any two techniques to assess dietary intake of an individual.
10. Prepare any two posters or charts as teaching aids related to atherosclerosis.
11. Justify the Practical consideration in giving dietary counselling.
12. Elaborate on the counselling skills for behavioural change.
13. Compare and criticize the effectiveness of computers for nutrition education.
