

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai — 600 044.

B.Sc.(Psy) END SEMESTER EXAMINATIONS APRIL-2023

SEMESTER - VI

20UPCET6002 - Guidance and Counselling Psychology

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Describe the therapeutic goals of the humanistic approach.
2. Understand the significance of eclectic counselling.
3. Outline the nature of a good psychological test.
4. Summarize the limitations of psychological tests.
5. Mention the ways of demonstrating empathy.
6. Evaluate the qualities of a effective counsellor.
7. Analyze the strategies to build rapport with client.
8. Examine the need and importance of pre-marital counselling.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Explain the goals and scope of guidance and counselling.
10. Enumerate the steps in the counselling process.
11. Explicate the uses of psychological tests in guidance and counselling.
12. Elaborate the ethics in counselling.
13. Enunciate the role of counsellor in fostering good mental health.
