

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai — 600 044.

M.Sc.(Psy) END SEMESTER EXAMINATIONS NOVEMBER - 2023

SEMESTER - I

22PCPCT1001 - Counselling Process, Skills and Techniques

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Sketch out the challenges faced by counsellors.
2. Mary is a (20)yr old, female who is battling depression and substance Abuse. Using (person-centered) counselling, describe the process.
3. Apply and show, with the help of an example, the different ways in which a counsellor can enhance communication with a client.
4. Explain the process of crisis intervention with the help of an example.
5. Discuss any three ways in which a reluctance in a client can be handled.
6. Indicate the principles of Ethics in counselling.
7. Explain briefly the principles of Gestalt counselling.
8. Distinguish between the important features of Patterson and Egans model.

Section C

I - Answer any **TWO** questions ($2 \times 10 = 20$ Marks)

9. Explain briefly the stages of counselling.
10. Prepare a detailed account of the need for counselling in special population.
11. Ascertain the ways to work with indifferent, ambivalent and oppositional clients.
12. Critically examine Brief counselling and its fitment to today's world.

II - Compulsory question ($1 \times 10 = 10$ Marks)

13. Examine the characteristics of an effective counsellor in detail.
