## 21UFMCT5010

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS) (Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai — 600 044. B.Sc.(NFSMD) END SEMESTER EXAMINATIONS NOVEMBER -2023 SEMESTER - V 21UFMCT5010 - Community Nutrition

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

## Section B

Answer any **SIX** questions  $(6 \times 5 = 30 \text{ Marks})$ 

- 1. Describe the role of nutrition and health in national development.
- 2. Rephrase the objectives of nutrition education and relate the significance of nutrition exhibition in improving health status.
- 3. Classify various food supplements and mention its advantages.
- 4. Interpret the significance of breast feeding for mother and the infant.
- 5. Sketch the procedure involved in 24 hour recall method of dietary survey.
- 6. Relate the functions and activities of ICDS in ensuring nutritional security of the nation.
- 7. Predict the role of fortification in improving nutritional status.
- 8. Examine the impact of bottle feeding on the health status of the infant.

## Section C

Answer any **THREE** questions  $(3 \times 10 = 30 \text{ Marks})$ 

- 9. Explain the types, causes and symptoms of malnutrition.
- 10. Classify and explain the techniques involved in the indirect assessment of nutritional status.
- 11. Ascertain the role of WHO in improving the health and nutritional status of a community.
- 12. Relate the role of nutrition and immunization in alleviating infections.
- 13. Infer the techniques involved in the planning and formulating weaning and supplementary foods.

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