

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai — 600 044.

B.Sc.(NFSMD) END SEMESTER EXAMINATIONS NOVEMBER -2023

SEMESTER - III

21UFMCT3004 - Nutrition Through Life Cycle

Total Duration : 2 Hrs 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. What are the factors that influence meal planning?
2. Explain the factors that must be considered when introducing weaning foods.
3. Predict the health outcomes of poor food choices in childhood obesity.
4. Interpret on the factors affecting nutritional requirements and food intake in old age.
5. Describe the composition of colostrums and its nutritional importance.
6. Prepare a day's menu for a 5 year obese preschool child with reference to the RDA.
7. Explain the etiology and dietary management of nutritional anemia in adolescents.
8. Differentiate the health implications of undernutrition and overnutrition in elderly.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Explain the use of food exchange list in nutrient calculation.
10. Describe the nutritional requirements and dietary guidelines for breast feeding mother.
11. Assess the role of diet in the management of PEM.
12. Classify the eating disorders in adolescents.
13. Infer on common nutrition-related disorders that are prevalent among the elderly.

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