20UPCET6002

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai — 600 044.

B.Sc. (Psy) END SEMESTER EXAMINATIONS NOVEMBER - 2023 SEMESTER - VI

20UPCET6002 - Guidance and Counselling Psychology

Total Duration: 2 Hrs 30 Mins. Total Marks: 60

Section B

Answer any **SIX** questions $(6 \times 5 = 30 \text{ Marks})$

- 1. Describe the types of counselling services.
- 2. Understand the significance of eclectic counselling.
- 3. Outline the nature of a good psychological test.
- 4. Summarize the limitations of psychological tests.
- 5. Mention the ways of demonstrating empathy.
- 6. Evaluate the qualities of a effective counsellor.
- 7. Analyze the strategies to build rapport with client.
- 8. Examine the need and importance of pre marital counselling.

Section C

Answer any **THREE** questions $(3 \times 10 = 30 \text{ Marks})$

- 9. Explain the goals and scope of guidance and counselling.
- 10. Enumerate the steps in the counselling process.
- 11. Explicate the uses of psychological tests in guidance and counselling.
- 12. Elaborate the ethics in counselling.
- 13. Enunciate the role of counsellor in fostering good mental health.
