22PSWET2002

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS) (Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai - 600 044. M.S.W. - END SEMESTER EXAMINATIONS APRIL - 2024 SEMESTER - II 22PSWET2002 - Counselling Theory and Practice

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions $(6 \times 5 = 30 \text{ Marks})$

- 1. Sketch the importance of counselling in the contemporary India Society.
- 2. Explicate the relevance of Counselling in Social Work practices.
- 3. Outline the difference between Counselling and Guidance.
- 4. Illustrate with suitable examples how transaction analysis can be used as a tool to improve Communication.
- 5. Elucidate the Rational Emotive Behaviour Therapy in detail.
- 6. Appraise the need for understanding the emotion of the client in counselling process.
- 7. Sketch the importance of Empathy in counselling process.
- 8. Explain the need for designing and implementing intervention techniques in counselling process.

Section C

- I Answer any **TWO** questions $(2 \times 10 = 20 \text{ Marks})$
- 9. Describe the Principles of Counselling in detail.
- 10. Illustrate with Examples, the Qualities required for a Counsellor.
- 11. Explain the Gestalt Approach theory in counselling model.
- 12. Critically examine the need for listening and Interviewing skills in counselling.

II - Compulsory question $(1 \times 10 = 10 \text{ Marks})$

13. Design a Counselling Process with different phases with problem identification and treatment for a client with low Academic Performance.

1