SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS) (Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai - 600 044. B.Sc.Psychology - END SEMESTER EXAMINATIONS APRIL - 2024 SEMESTER - I 21UPCAT1001 - Introduction to Indian Psychology

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

## Section B

Answer any **SIX** questions  $(6 \times 5 = 30 \text{ Marks})$ 

- 1. Describe the nature of Indian Psychology.
- 2. Analyze the significance of mind-body relationship.
- 3. Enumerate the Upanishad's states of consciousness.
- 4. Explain Mimamsa's factors of personality.
- 5. List the Benefits of Integral yoga.
- 6. Explicate the Basic concepts in Sufi.
- 7. Elaborate on psychospiritual tool for conflict resolution.
- 8. Explore the association between vipasana and mindfulness.

## Section C

Answer any **THREE** questions  $(3 \times 10 = 30 \text{ Marks})$ 

- 9. Evaluate the Fundamental assumptions of Indian Psychology.
- 10. Elucidate on the approach of Advaita Vedantam.
- 11. Elaborate on Manifold being.
- 12. Enumerate the History and origin of Buddhism and its impact in psychology.
- 13. Explicate on Sri Aurobindo's integral education.

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