

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai - 600 044.

B.Sc. Psychology - END SEMESTER EXAMINATIONS APRIL - 2024

SEMESTER - V

21UPCCT5010 - Health Psychology

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Highlight need and importance of health psychology.
2. Enumerate factors influencing the practice of health behaviour.
3. Compute a note on Health belief model.
4. Bring out the picture of pain control techniques and pain management.
5. Enlighten the concept of Quality of Life.
6. Explain the salient features of Lazarus model.
7. Evaluate the training aspects for a career in health psychology.
8. Diagnose - Alcoholism: effects - reasons and its Interventions.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Illustrate the factors influencing the practice of health behaviour.
10. Describe the dimension, source and coping of chronic stress.
11. Discuss the avenues of health habit modification in current scenario.
12. Elaborate the reasons and effects of chain smoking in individual and family.
13. Critically comment on psychosocial interventions on chronic illness.
