

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai - 600 044.

B.Sc. Psychology - END SEMESTER EXAMINATIONS APRIL - 2024

SEMESTER - VI

21UPCET6002 - Guidance and Counselling Psychology

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. Identify the needs and functions of Guidance and Counselling.
2. Distinguish between directive and non-directive approaches.
3. Illustrate in detail the phases in the process of counselling.
4. Define psychological tests and interpret their uses in psychological counselling.
5. Brief your understanding of the qualities of an effective counsellor.
6. Relate, how a counsellor can effectively establish and maintain rapport with their clients to foster a trusting and supportive therapeutic relationship.
7. How can counsellors effectively demonstrate empathy in their interactions with clients to enhance the therapeutic relationship and promote healing?
8. Determine and list the Goals of Counselling.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Interpret the various types of counseling services using examples.
10. Classify how the eclectic approach of counseling differs from other approaches to counselling.
11. Diagnose the importance and limitations of a good psychological test in guidance and counselling.
12. Predict the possibilities of ethical violations in counselling.
13. Appraise the role of counsellor in enhancing The Good Mental Health.
