

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN  
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)

Chromepet, Chennai - 600 044.

M.Sc.Counselling Psychology - END SEMESTER EXAMINATIONS - NOV'2024  
SEMESTER - I

**22PCPCT1001 - Counselling Process, Skills and Techniques**

Total Duration : 2 Hrs. 30 Mins.

Total Marks : 60

**Section B**

Answer any **SIX** questions ( $6 \times 5 = 30$  Marks)

1. Describe the characteristics of counsellors.
2. Enumerate the ways to initiate communication and build counselling relationship ways to enhance communication.
3. How will the counsellor adapt counselling process to specific population.
4. Narrate the nature of ambivalent, indifferent & oppositional clients
5. Portray the significance of Behavioural counselling.
6. Explain the process of Structuring, Leading and Questioning techniques in counselling.
7. Distinguish transference and counter transference and its impact in counselling.
8. Highlight the counsellor's emotions while handling various types of clients

**Section C**

I - Answer any **TWO** questions ( $2 \times 10 = 20$  Marks)

9. Enlighten the concerns and challenges faced by a counsellor and outline the ethical and legal aspects of counselling.
10. Engrave the attributes of psychodynamic counselling.
11. Discuss the stages and skills utilised in counselling process.
12. Analyze the process of crisis intervention.

II - Compulsory question ( $1 \times 10 = 10$  Marks)

13. Critically comment on the different kinds of client's and Working with them.

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