#### 20UNDCT5009

# SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai - 600~044.

B.Sc.CND - END SEMESTER EXAMINATIONS - NOV'2024 SEMESTER -V

## 20UNDCT5009- Human Nutrition II

Total Duration: 2 Hrs.30 Mins. Total Marks: 60

## Section B

Answer any **SIX** questions  $(6 \times 5 = 30 \text{ Marks})$ 

- 1. List the deficiencies caused by vitamin D.
- 2. Reproduce the functions of Vitamin A.
- 3. Define water soluble vitamins and list the functions of niacin.
- 4. Describe the deficiencies caused by Calcium.
- 5. List the functions and sources of Iron.
- 6. Describe the relationship between Selenium and Vitamin E.
- 7. Explain Chromium and glucose tolerance factor.
- 8. Explain electrolyte balance and fluid balance.

#### Section C

Answer any **THREE** questions  $(3 \times 10 = 30 \text{ Marks})$ 

- 9. Discuss in detail the hypervitaminosis of vitamins A, D, E and K.
- 10. Explain the food sources and requirements of water soluble vitamins for different age groups.
- 11. Elaborate the macronutrient distribution in body.
- 12. Enumerate the functions of the following nutrients
  - i) lodine
- ii) Selenium
- iii) Chromium
- 13. Appraise the following under Drug and Nutrient Interaction
  - i) Effect of drug on nutrient absorption and metabolism
  - ii) Effect of nutrient on drug absorption and utilization.

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