

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN
(AUTONOMOUS)

(Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC)
Chromepet, Chennai - 600 044.

B.Sc.CND - END SEMESTER EXAMINATIONS - NOV'2024
SEMESTER - III

20UNDCT3004 - Nutrition through life cycle

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

Section B

Answer any **SIX** questions ($6 \times 5 = 30$ Marks)

1. State the term Tolerable upper intake level.
2. Recall Preeclampsia, Plan a snacks menu for a pregnant woman with this complication.
3. Relate the importance of immunological factors in breast milk and suggest 2 low cost lactogogues food items.
4. Give examples of Amylase Rich Foods with one preparation method.
5. State the difference between Bulimia Nervosa and Anorexia Nervosa among adolescents.
6. Apply the principles of menu planning to solve the feeding problems of school children's.
7. Illustrate the RDA for an adult man and women (moderate workers) belonging to low economic group.
8. Examine the various complications in old age.

Section C

Answer any **THREE** questions ($3 \times 10 = 30$ Marks)

9. Explain the following
 - a) Basic five food groups
 - b) Steps involved in planning a diet for an individual.
10. Relate the role of hormones in Lactogenesis phase in a Lactating mother.
11. Recommend two Low-cost supplementary foods.
12. India is facing the Double burden of malnutrition among school children's. Justify. Apply the nutritional requirements formulated by ICMR to overcome this.
13. Examine the various physiological changes in a geriatric person and analyse various factors affecting the food intake.
