21UPCET6002

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS) (Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai - 600 044. B.Sc.Psychology - END SEMESTER EXAMINATIONS - NOV'2024 SEMESTER - VI 21UPCET6002 - Guidance and Counselling Psychology

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

## Section B

Answer any **SIX** questions  $(6 \times 5 = 30 \text{ Marks})$ 

- 1. Explain Nature and functions of Guidance and Counselling.
- 2. Explain goals and scope of Guidance and Counselling.
- 3. Prepare Humanistic approach and Existential approach.
- 4. Explain preparation of Counselling and steps in the counselling process.
- 5. Explain use of psychological tests in guidance and counselling.
- 6. Prepare Qualities of an Effective counsellor and Ethics in counselling.
- 7. Differentiate Marital counselling and Premarital counselling.
- 8. Explain Career counselling and Adolescent counselling.

# Section C

# Answer any **THREE** questions $(3 \times 10 = 30 \text{ Marks})$

- 9. Explain Emergence of Guidance and counselling and types of counselling services.
- 10. Explain Behaviouristic approach and Eclectic approach.
- 11. Justify test interpretation in counselling and limitations of psychological tests.
- 12. Explain Counsellor skills building trust, listening ,attending, observing and building rapport.
- 13. Justify Role of Counsellor in fostering mental health.

\*\*\*\*\*

21UPCET6002

SHRIMATHI DEVKUNVAR NANALAL BHATT VAISHNAV COLLEGE FOR WOMEN (AUTONOMOUS) (Affiliated to the University of Madras and Re-accredited with 'A+' Grade by NAAC) Chromepet, Chennai - 600 044. B.Sc.Psychology - END SEMESTER EXAMINATIONS - NOV'2024 SEMESTER - VI 21UPCET6002 - Guidance and Counselling Psychology

Total Duration : 2 Hrs.30 Mins.

Total Marks : 60

## Section B

Answer any **SIX** questions  $(6 \times 5 = 30 \text{ Marks})$ 

- 1. Explain Nature and functions of Guidance and Counselling.
- 2. Explain goals and scope of Guidance and Counselling.
- 3. Prepare Humanistic approach and Existential approach.
- 4. Explain preparation of Counselling and steps in the counselling process.
- 5. Explain use of psychological tests in guidance and counselling.
- 6. Prepare Qualities of an Effective counsellor and Ethics in counselling.
- 7. Differentiate Marital counselling and Premarital counselling.
- 8. Explain Career counselling and Adolescent counselling.

# Section C

# Answer any **THREE** questions $(3 \times 10 = 30 \text{ Marks})$

- 9. Explain Emergence of Guidance and counselling and types of counselling services.
- 10. Explain Behaviouristic approach and Eclectic approach.
- 11. Justify test interpretation in counselling and limitations of psychological tests.
- 12. Explain Counsellor skills building trust, listening ,attending, observing and building rapport.
- 13. Justify Role of Counsellor in fostering mental health.

\*\*\*\*\*